Labor Log Entry

Date	Duration	Task	Intensity	Reflect
5-July	2 hours	Worked on the Course Overview Module in Canvas	I went through all the sections of the course overview. I read everything in each section and watched the videos. I then reviewed the assignments and their due dates. I added all the assignments to my calendar so I can try my best to stay on track.	I thought this was very helpful for me to do. I was able to understand how the class will be structured. I read a few tips from others on how I can succeed in the class.
6-July	45 minutes	Read writing group intros and Slack feed	There wasn't too many but I read some of the intros on the discussion board on Canvas. I found that there are some people in Blacksburg that I may be able to meet in person.	I enjoyed reading about different people taking the class. I found some people who will be in Blacksburg and also found someone from around where I live.
	1 hour 15 minutes	Review Professional Bio assignment	I didn't start the assignment but rather did research on the struction of a professional bio. I read and reviewed some of the resourses given. I also chose my audience and purpose.	This helped me understand the assignment a bit more. I was able to look at examples and see what I thought worked and doesn't work.
7-July	1.5 hours	Draft professional bio	I used the information I found the day before to structure my bio. I used GoogleDocs to draft it so others could easily make comments. I posted my draft on the discussion board in hopes to get feedback on it.	I enjoyed writing this. While the assignment is considered a professional bio, I was still able to add creativity to the design and information because of who I decided to have as my audience.
	30 minutes	Read and give feedback to other bios	There was only one other bio on the discussion board when I was looking to give feedback, so I didn't not get to read a lot of them.	I am hoping to check the discussion board tomorrow for more bios that I can try to give feedback on.
	1 hour	Write 07/07 labor log	I read the documents provided in order to get a better understanding of what was being asked and the best way to keep the log. I decided to create a document in GoogleSheets in order to keep things organized the best.	This look me some time because I wasn't sure on the structure of the log. I tried my best to seareate it by day and task.